

WALKING TRACK POLICIES & RULES

**Monday, Wednesday, Friday, and Sundays
– Clockwise
Tuesday, Thursday, and Saturdays - Counter
Clockwise**

All pass plan holders and guests are required to have fun. We are here to help you reach your fitness goals and provide you with a safe workout environment. Please let us know if you have any questions or recommendations on how we can best serve your needs. Derogatory remarks involving any other pass plan holder, guest or personnel will not be tolerated. Any behavior deemed unacceptable by the Fitness Staff will be addressed and corrective action may be required.

- **The track is a 1/8-mile walking track and eight laps equal one mile.**
- **Children of walking age allowed (with parent or designated guardian 16+ years old unless otherwise designated for specific classes). 12 years + unrestricted.**
- **Strollers are permitted on the (inside walking track only) from 8 am – 3 p.m. Monday-Friday and 1-3 pm on Saturday and Sunday.**
- **No skid or no marking athletic shoes required.**

- **No pets allowed on the track or in the Wytheville Community Center.**
- **All other clothing and shoes must be kept in lockers. Please keep ALL valuables at home. The Wytheville Community Center is not responsible for any lost or stolen items.**
- **Inside lane designated for walkers; outside lane designated for runners.**
- **Runners pass on outside and to the right.**
- **Please continue to move while on the track. No standing on the track. Should you need to stop to take a break or talk, please move to areas designated for sitting or stretching.**
- **No tobacco products allowed on or around the walking track.**
- **Drinks (other than spill-proof bottled water) and food are not allowed on the track or around the track area.**